### The pathology of bowel cancer screening

Professor Neil A Shepherd Gloucester & Cheltenham, UK

Rodger C Haggitt Memorial Lecture Rodger C Haggitt Gastrointestinal Society USCAP, Vancouver, March 18, 2018

### **Rodger C Haggitt**





### The pathology of bowel cancer screening

Even if you have never seen a specimen from bowel cancer screening, and never will, this lecture is still very relevant to you!!!

### What gives me the right?



The UK, or more correctly England, in the vanguard?!?

The first (large) country to roll out full population screening for colorectal cancer in the world

### Cancer screening: what's it all about?

Cervical cancer	detection of pre-malignant change	cervical sm

detection of high risk patients

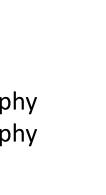
Breast cancer

detection of early stage cancer detection of pre-malignant change

Colorectal cancer

detection of early stage cancer detection of pre-malignant change

mammography FOB, FIT, endoscopy, etc FOB, FIT, endoscopy, etc



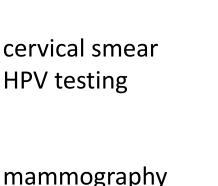


Table 1	Test performance	per screening test in as	ymptomatic, average-risk adults

	gFOBT	FIT	FS	СТС	Colonoscopy
Sensitivity (%) for detecting advanced neoplasia	9 to 24 <sup>43–48</sup>	32 to 53 <sup>43</sup> <sup>44</sup> <sup>47</sup> <sup>49</sup> 79 <sup>52</sup>	90 to 92* <sup>50</sup>	88 <sup>35</sup> to 97 <sup>43</sup>	88 to 98 <sup>51</sup>
Sensitivity (%) for detecting CRC	13 to 50 <sup>44–46</sup>		90 to 92* <sup>50</sup>	100† <sup>53</sup>	92 to 99 <sup>50</sup>
Reduction in CRC incidence (%) intention-to-screen	No‡ <sup>19 54</sup>	Unknown	18 <sup>54</sup>	Unknown	69§ <sup>55</sup>
Reduction in CRC mortality (%) intention-to-screen	14 to 16 <sup>19</sup>	22¶ <sup>25</sup>	28 <sup>54</sup>	Unknown	68§ <sup>55</sup>

<sup>\*</sup>Sensitivity is given for the distal colon.

CRC, colorectal cancer; CTC, CT colonography; FIT, faecal immunochemical test for haemoglobin; FS, flexible sigmoidoscopy; gFOBT, guaiac faecal occult blood test; RCT, randomised controlled trial.

### Colorectal cancer screening: a global overview of existing programmes

Eline H Schreuders, <sup>1</sup> Arlinda Ruco, <sup>2</sup> Linda Rabeneck, <sup>3,4,5,6,7</sup> Robert E Schoen, <sup>8</sup> Joseph J Y Sung, <sup>9</sup> Graeme P Young, <sup>10</sup> Ernst J Kuipers <sup>1</sup>

Gut 2015; 64: 1637-49.

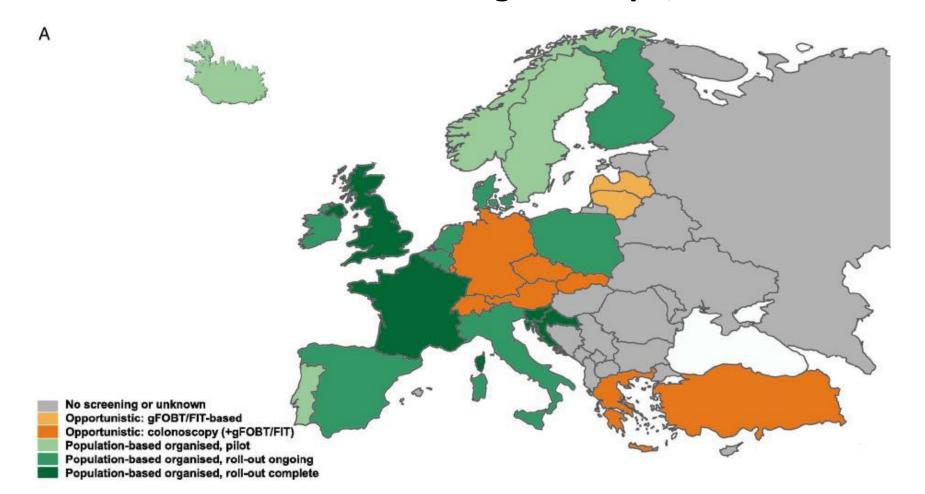
tNo CRCs were missed by CTC in six screening trials.

<sup>‡</sup>No reduction in incidence was found in three of four RCTs included in meta-analysis.

<sup>§</sup> Meta-analysis of observational studies, more results expected.

<sup>¶</sup> Ecological study.

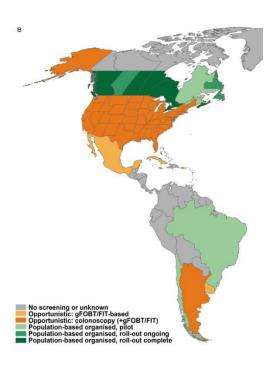
### **Bowel cancer screening in Europe, 2015**



### **Colorectal screening in North America**

### Canada

- National Colorectal Cancer Screening Network in place since 2007
- population-based screening organised by province
- FIT is the recommended test
- rapid roll-out
- seeing the same issues as UK

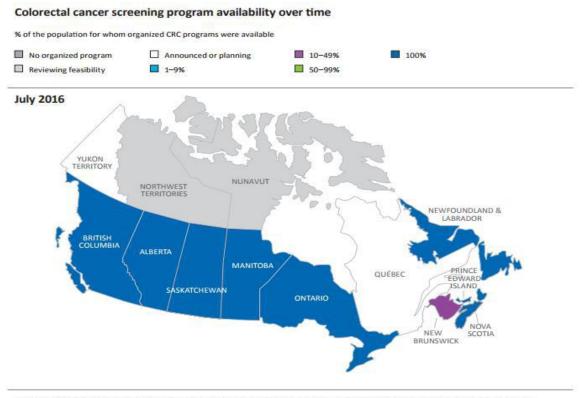


### **USA**

- too large a population to organise on national basis
- lots of opportunistic screening, by colonoscopy +/- FOB/FIT
- driven by American Cancer Society & 2008 AGA guidelines

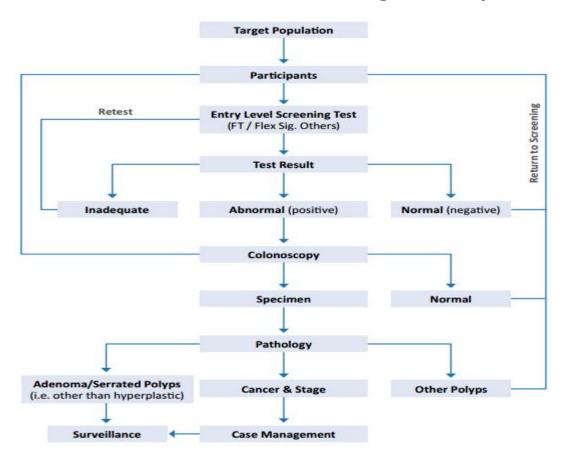
Thanks to David Driman, London, Ontario Thanks to Kay Washington, Nashville, Tennessee

### Colorectal Cancer Screening Program Availability



Data source: Colorectal Cancer Screening Guidelines Across Canada: Environmental Scan, March 2013; Colorectal Cancer Screening Guidelines Across Canada: Environmental Scan, August 2014; National Colorectal Cancer Screening Network Report Survey; July 2016.

### **Colorectal Cancer Screening Pathway**



### Colorectal Cancer Screening Fecal Testing Information - Highlights

Entry Level Test: Fecal Test Guaiac (FTg) Sampling Details (refer to slide #21)

• There are only two provinces (Manitoba and Ontario) which currently offer fecal test guaiac (FTg) as a screening test for colorectal cancer. FTg is offered to eligible individuals every two years. In Canada, the number of labs processing the results ranges from one lab (Manitoba) to six labs (Ontario). The FTg brands include Hemoccult II SENSA (Manitoba) and Hema-screen (Ontario).

Entry Level Test: Fecal Immunochemical Testing (FIT) Sampling Details (refer to slide #22-23)

• Eight provinces and two territories offer fecal immunochemical testing (FIT) up to every two years as a primary screening test for colorectal cancer. The most common brand for FIT in Canada is Alere (four provinces/one territory) and Polymedco (three provinces). Most provinces/territories require a single sample collection method for the FIT, whereas, one province and one territory collects two samples. The FIT cut-off value varies across Canada and ranges from 75 ng/ml (NWT) to ≥175 ng/ml (QC). The number of labs processing the FIT results ranges from one lab (six provinces/one territory) to five labs (one province).

### In the UK, it's not just England's BCSP.....

Cancer Screening Programmes







### **Bowel cancer screening in England**

- universal screening (60-70) by FOB first introduced in 2006
- then age extension to 75
- then one-off sigmoidoscopy screening at age 55 introduced independent of FOB screening and initiated in 2013

now conversion from FOB to FIT



### Faecal immunochemical test (FIT)

- due to be introduced in England in 2018
  - introduction in Scotland on 30.11.17
- single sample only
- kit is 'more scientific-looking' to participants
- only detects human (haemo)globin
- increased sensitivity e.g. for advanced adenomas





Freephone Helpline 0800 707 60 60 Calls are free from UK landlines.

Or visit our website at http://www.cancerscreening.nhs.uk

# Increased uptake and improved outcomes of bowel cancer screening with a faecal immunochemical test: results from a pilot study within the national screening programme in England

Sue Moss, <sup>1</sup> Christopher Mathews, <sup>1</sup> T J Day, <sup>2</sup> Steve Smith, <sup>3</sup> Helen E Seaman, <sup>4</sup> Julia Snowball, <sup>4</sup> Stephen P Halloran<sup>4,5</sup>

<sup>1</sup>Centre for Cancer Prevention, Wolfson Institute of Preventive Medicine, Queen Mary University of London, London, UK <sup>2</sup>NHS Cancer Screening

Programmes, Sheffield, UK

<sup>3</sup>NHS Bowel Cancer Screening
Midlands and North West
Programme Hub, Rugby, UK

<sup>4</sup>NHS Bowel Cancer Screening
Southern Programme Hub,
Guildford, UK

#### **ABSTRACT**

**Background** The National Health Service Bowel Cancer Screening Programme (BCSP) in England uses a guaiac-based faecal occult blood test (gFOBt). A quantitative faecal immunochemical test (FIT) for haemoglobin (Hb) has many advantages, including being specific for *human* blood, detecting Hb at a much lower concentration with a single faecal sample and improved uptake.

**Methods** In 2014, a large comparative pilot study was performed within BCSP to establish the acceptability and

#### Significance of this study

#### What is already known on this subject?

- Guaiac-based faecal occult blood test (gFOBt) screening for bowel cancer reduces bowel cancer mortality in those screened by 25%.
- ▶ Uptake of gFOBt in the National Health Service (NHS) Bowel Cancer Screening Programme (BCSP) was 58.2% in the fiscal year 2014/2015

Gut 2017; 66: 1631-44.

### FIT workload implications: the triple whammy for pathologists

- in England platform and cut-off for FIT not determined yet
- If 'FIT 120' chosen, potential increase in pathology workload could be:

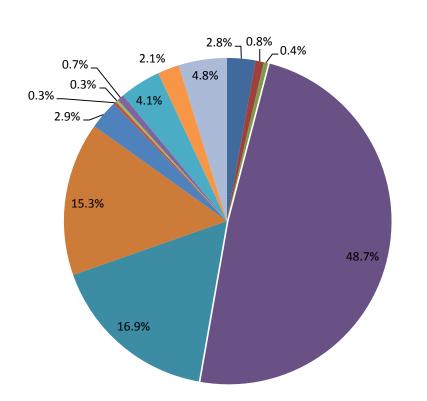
- increased uptake: 66% for FIT v 59% for FOB
- increased positivity rate: 2.12 ('FIT 120') v 1.71 (2016 FOB positivity rate)
- enhanced sensitivity for advanced adenomas: 2.0 for FIT v 1.5 for FOB

### 82% increase in pathology workload

### Bowel cancer screening: the subconscious musings of a Gloucestershire pathologist, circa 2006

- most of it will be a pathological doddle
- 130 extra polyps a year mainly adenomas and HPs piffle!
- a few more cancer resections but lots of easy Dukes A/stage 1
- and the BCSP Director is going to give us a whole wad of dosh to do it.....

### The first 10,000 Northern Ireland BCSP specimens



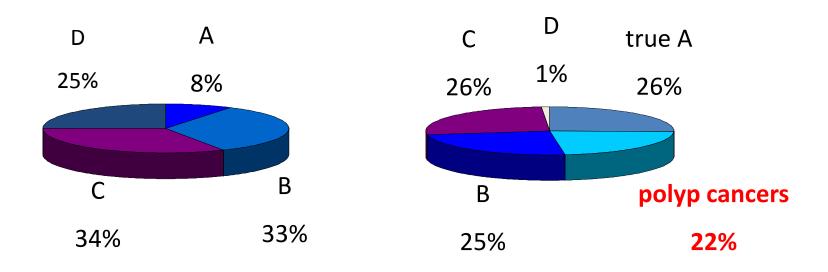
Diagnosis	Total
Adenocarcinoma	2.8%
Adenocarcinoma (in polyp)	0.8%
Suspicion of malignancy	0.4%
Tubular adenoma	48.7%
Tubulovillous adenoma	16.9%
Hyperplastic polyp	15.3%
Sessile serrated lesion	2.9%
Traditional serrated adenoma	0.3%
Villous adenoma	0.3%
Inflammatory polyp	0.7%
Inflammation	4.1%
Other	2.1%
Normal	4.8%
Grand Total	100%

**Table 1.** Frequencies of common histopathological diagnoses from 240,842 non-invasive lesions detected during screening colonoscopy since inception of the English Bowel Cancer Screening Programme

Tubular adenoma	57%
Tubulovillous adenoma	18%
Villous adenoma	1%
Hyperplastic polyp	21%
Sessile serrated lesion	1%
Other	2%
Total	100%

### What colorectal cancer screening is all about....

detecting early stage cancer

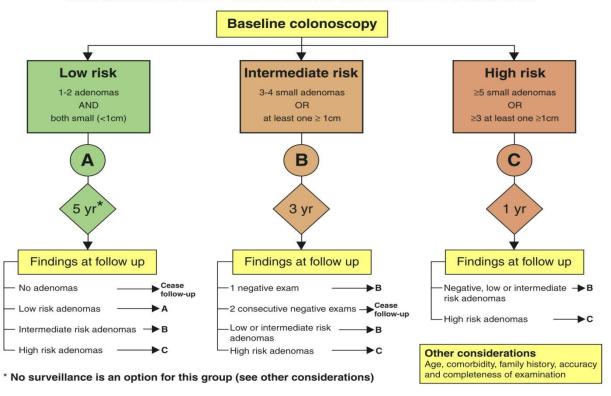


Dukes staging for symptomatic CRC versus screen-detected CRC in the English BCSP

### **BCSS** polyp pathology screenshot

Polyp 1 Histology Details	Hide details
Pathology Lost	No V
Date of Receipt	21/09/2015 Calendar
Date of Reporting	21/09/2015 Calendar (same day)
Pathology Provider lookup	Cheltenham General Hospital - RTE01 (Gloucestershire Hospitals NHS Foundation Trust)
Pathologist <u>lookup</u>	Shepherd, Neil (Consultant Pathologist - Gloucestershire Hospitals NHS Foundation Trust)
Polyp Type	Adenoma
Polyp Sub Type	Tubular adenoma 💙
Polyp Excision Complete	Not Assessable 🗸
Polyp Size	2 mm
Polyp Dysplasia	Low grade dysplasia 🗸
Polyp Carcinoma	No 🔽

#### SURVEILLANCE FOLLOWING ADENOMA REMOVAL



Cairns SR, et al; BSG guidelines 2010 (after Atkin WS, Saunders BP; Gut 2002)

### Reliability of pathological assessment of villosity and dysplasia grade

Vol. 11, 660-663, July 2002

Cancer Epidemiology, Biomarkers & Prevention

Interobserver variability in assessing dysplasia and Interobserver in colorectal adenomas: a multicentre

path Canadian study

**Wale** Allison Osmond, <sup>1</sup> Hector Li-Chang, <sup>2,3</sup> Richard Kirsch, <sup>3</sup> Dimitrios Divaris, <sup>4</sup> Vincent Falck, <sup>5</sup> Dong Feng Liu, <sup>6</sup> Celia Marginean, <sup>7</sup> Ken Newell, <sup>8</sup> Jeremy Parfitt, <sup>1</sup> Brian Rudrick, <sup>8</sup> Heidi Sapp, <sup>9</sup> Sharyn Smith, <sup>10</sup> Joanna Walsh, <sup>1</sup> Fasahat Wasty, <sup>11</sup> David K Driman <sup>1</sup>

Department of Gustiveniciology, Department of Lathology, Carally Oniversity School of Incarcine, Department of

Histopathology, University Hospital Llandough, <sup>4</sup>Department of Primary Care and Public Health, Cardiff University School of Medicine, and <sup>5</sup>Institute of Cancer and Genetics, Cardiff University School of Medicine, Cardiff, UK

New York 10032; South Carolina Cancer Center, University of South Carolina, Columbia, South Carolina 29203 [R. M. B.]; Cancer Prevention Research, Fred Hutchinson Cancer Research Center, Seattle, Washington 98109 [J. D. P.]; Department of Preventive Medicine, University of Southern California/Norris Comprehensive Cancer Center, Los Angeles, California 90033 [R. W. H.]; and Department of Pathology and Laboratory Medicine, College of Medicine, University of Cincinnati, Cincinnati, Ohio 45267-0529 [C. F-P.]

#### Introduction

Although most colorectal carcinomas are thought to arise from colorectal adenomas (1–3), most adenomas, which are quite common, do not progress to invasive carcinoma (3, 4). Therefore, the study of advanced adenomas (those with severe dysplasia, CIS,<sup>2</sup> and intramucosal carcinoma), which have a

### Reliability of pathological assessment

TABLE 2. K Indices for Interobserver Agreement

Reprod	lucil
•	D١

Feature	к	P	95% CI	Interobserver Agreement*
Preconsensu	is diagnosis			
A-VC	0.21	< 0.001	0.15-0.27	Poor
HGD	0.26	< 0.001	0.20-0.32	Poor
AA	0.29	< 0.001	0.23-0.35	Poor
Postconsens	sus diagnosi	S		
A-VC	0.37	< 0.001	0.31-0.43	Poor
HGD	0.31	< 0.001	0.25-0.37	Poor
AA	0.34	< 0.001	0.28-0.40	Poor

High-grade m

Dipti Mahaja P = 0.14.

Deepa T. P

Osca.

\*Agreement beyond chance; poor:  $\kappa < 0.40$ ; moderate:  $0.40 \le \kappa \le 0.75$ ; excellent:  $\kappa > 0.75$ .

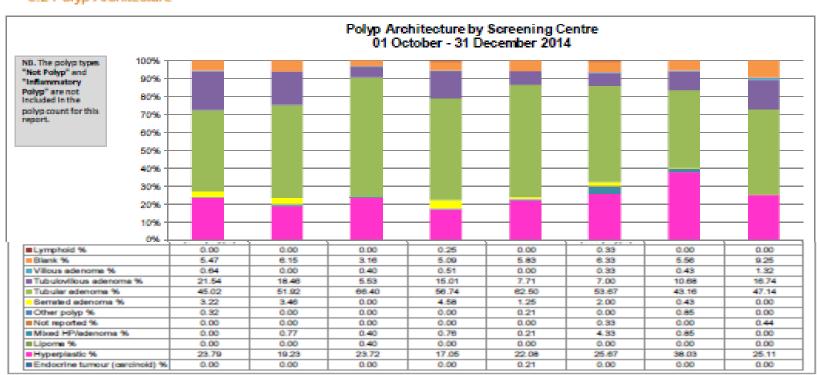
CI indicates confidence interval.

i, MD, PhD,\* 'lesec, MD,\* MD\*

### Variability in polyp type, BCSP South West

South West Bowel Cancer Screening Programme: Pathology Monitoring

#### 3.2 Polyp Architecture



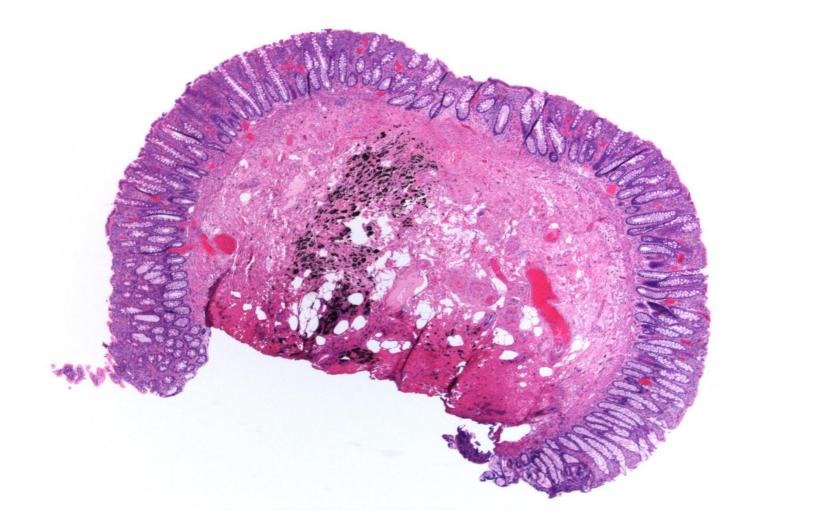
So, our only useful role in the pathological assessment of the most common colorectal polyp is......

to confirm that it is an adenoma

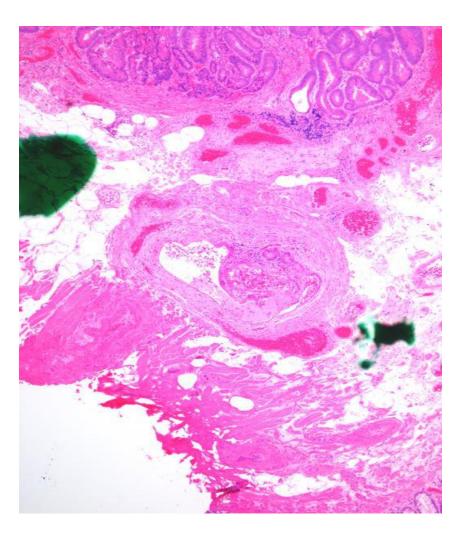
we can't agree on villosity/villousness low or high grade dysplasia

until we do, we won't be much use in determining further management in an important patient group

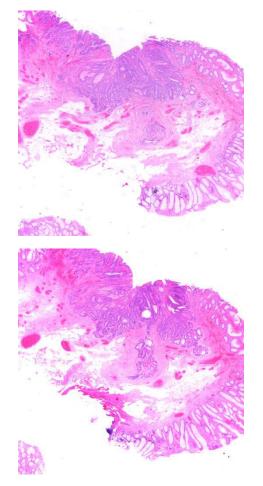
# Some polyp curios in BCSP....

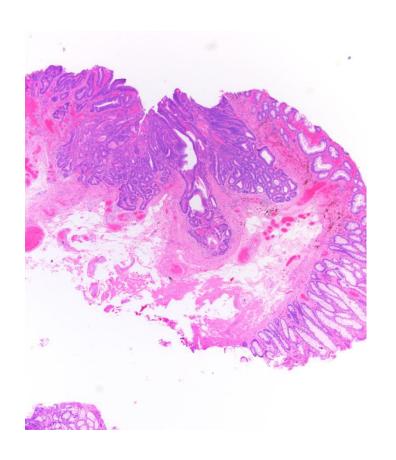


Is this vascular invasion?



### Is this vascular invasion?



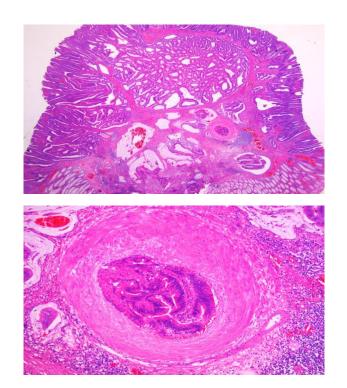


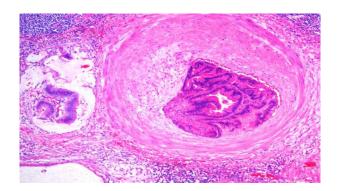
### A bit of Sunday in Vancouver philosophy......

You can have all the fancy immunohistochemistry and molecular biology you like, but what are the two most important adjunctive tests we do in Histopathology?

deeper levels and the peer at the computer to get the patient's history......

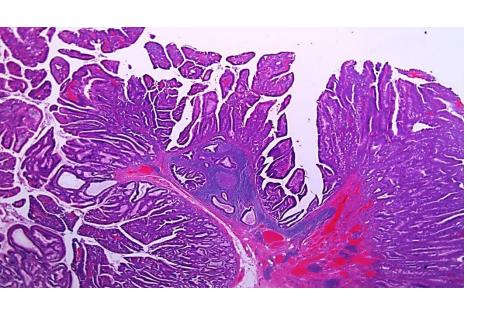
### Is this vascular invasion?

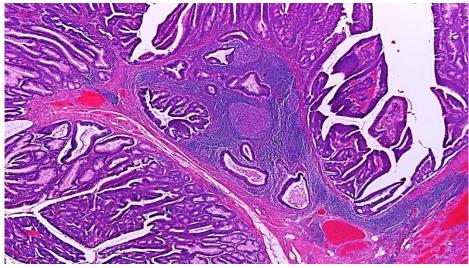




'vascular intrusion'

### Adenoma in a lympho-glandular complex: much commoner in the right colon





## Four big issues in bowel cancer screening pathology (and all very relevant to routine colorectal pathology practice....)

- the diagnosis of colorectal cancer on biopsy
- serrated pathology & what do we do about it expected but not the amount nor the diagnostic difficulties
- polyp cancers (pT1 disease) & what we do about it expected but not the management difficulties
- the large adenomatous polyp of the sigmoid colon expected but not the amount nor the diagnostic difficulties

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- depends on definitions
- Japanese and Far East cytological diagnosis
- North America and some of Europe architectural features
- UK (and others) definitive evidence of submucosal spread

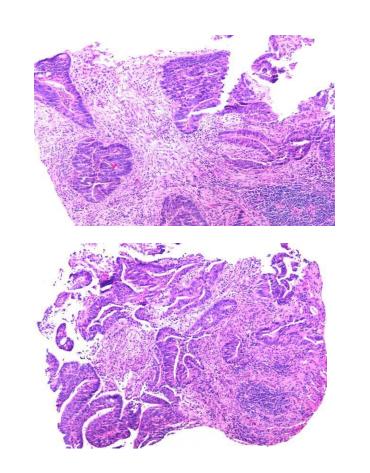
#### Basil C Morson, doyen of GI pathologists, 1921-2016

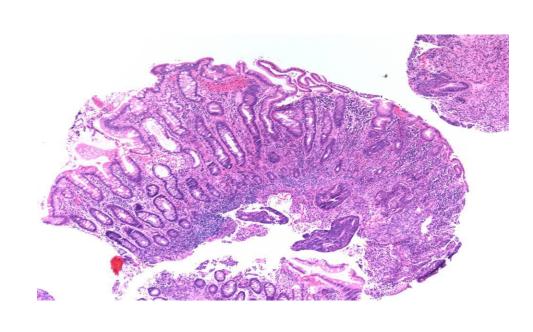
"It's your job to control surgeons"



- intramucosal carcinoma not allowed as a diagnosis in the UK
- those cases are called 'high grade dysplasia'
- lymphatics in mucosa not capable of delivering metastatic disease
- you don't want a large specimen by return of post......

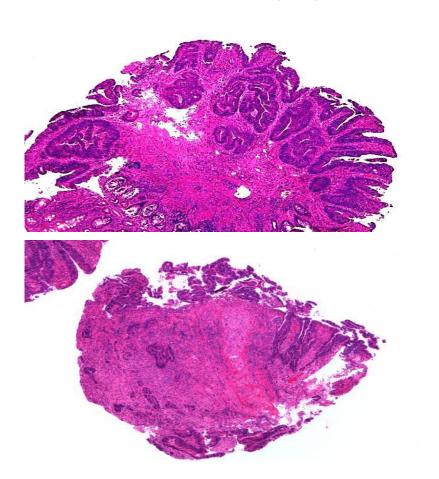
- biopsies may not show definite submucosal tissue
- provides considerable difficulties (certainly for UK pathologists)





– how to demonstrate submucosal involvement?

- juxtaposition to neural structures,
   fat and large arterioles and venules
- S100 immunohistochemistry?



Although not yet proven in definitive studies, we believe that juxtaposition of neoplastic glands to structures known to be in the submucosa, such as neural structures, fat and larger blood vessels, particularly arterioles and venules, are of considerable help in making a diagnosis of invasive adenocarcinoma. Indeed, some colleagues, in the UK at least, have advocated \$100 immunohistochemistry to demonstrate juxtaposition of neoplastic glands to submucosal ganglia and nerve structures. This may be of some utility but requires rigorous observational studies to support this practice.

Loughrey MB, Quirke P, Shepherd NA.
Royal College of Pathologists Dataset for colorectal cancer histopathology reports

December 2017

#### The need for repeat biopsies?

64M

- 52mms mass lesion in the caecum
- biopsies show TVA with low grade dysplasia only

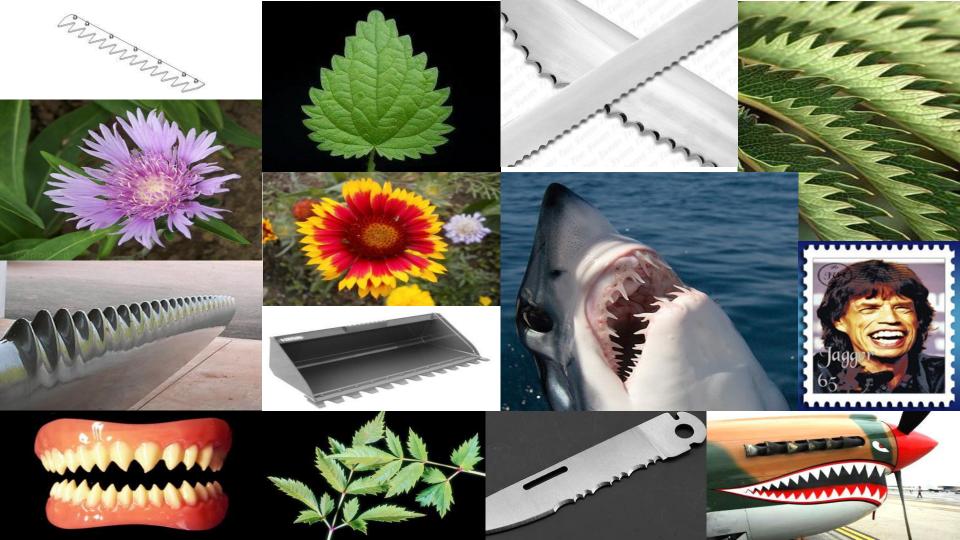
COMMENT: These biopsies do provide evidence of primary colorectal glandular neoplasia. Given the size of the lesion at colonoscopy, it is likely that endoscopic resection cannot be undertaken. In this situation, despite the lack of definitive evidence of invasive malignancy in these biopsies, there would appear to be a clear indication for right hemicolectomy. These facts should direct discussion in the Colorectal MDTM.

.... However, in about half of these (and mainly in the colon), the MDTM decided that further biopsies were not required because the original biopsies had confirmed primary glandular neoplasia and the clinical, endoscopic and imaging features demanded resection. It should be emphasised that these cases were mainly colonic and that rectal cancers, accounting for about 5% of the total number of cases in this audit, did more commonly require further biopsies. This was particularly important when an abdominoperineal resection would have been the proposed management strategy. *So, particularly in the colon, there may not be a definitive argument for repeat biopsies, if clinical, endoscopic and imaging features demand resection, as long as the biopsies have confirmed primary colorectal glandular neoplasia.* 

Loughrey MB, Quirke P, Shepherd NA.
Royal College of Pathologists Dataset for colorectal cancer;
December 2017

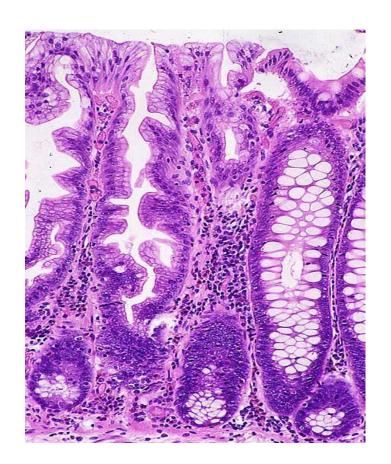
# Four big issues in bowel cancer screening pathology (and all very relevant to routine colorectal pathology practice....)

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#### What is serrated pathology?

- a distinctive morphological appearance in the large intestinal mucosa
- with specific molecular fingerprints
- but varied endoscopic and macroscopic features
- and a variable but highly significant neoplastic potential
- representing the most important advance in our understanding of colorectal cancer development in the last decade



#### 25% of CRC develop arise via the serrated pathway

Gastroenterology 2016;150:895-902

## Increased Risk of Colorectal Cancer Development Among Patients With Serrated Polyps



Rune Erichsen,<sup>1</sup> John A. Baron,<sup>1,2</sup> Stephen J. Hamilton-Dutoit,<sup>3</sup> Dale C. Snover,<sup>4</sup> Emina Emilia Torlakovic,<sup>5</sup> Lars Pedersen,<sup>1</sup> Trine Frøslev,<sup>1</sup> Mogens Vyberg,<sup>6</sup> Stanley R. Hamilton,<sup>7</sup> and Henrik Toft Sørensen<sup>1,2</sup>

Table 4. Estimated 10-Year Risk of Colorectal Cancer for Each Polyp Type

	Cases/controls	Adjusted OR (95% CI)	Estimated 10-year risk <sup>a</sup>
SSA/P with synchronous conventional adenomas	30/61	2.66 (1.70-4.16)	2.47%
SSA/P without synchronous conventional adenomas	49/81	3.40 (2.35-4.91)	3.16%
SSA/P with cytologic dysplasia	20/25	4.76 (2.59-8.73)	4.43%
SSA/P without cytologic dysplasia	59/117	2.75 (1.99-3.80)	2.56%
Conventional adenomas without SSA/P	727/1631	2.50 (2.24-2.80)	2.33%
Traditional serrated adenomas overall	14/17	4.84 (2.36-9.93)	4.50%
Hyperplastic polyps only	55/235	1.30 (0.96–1.77)	1.21%

<sup>&</sup>lt;sup>a</sup>The number of colorectal cancers among individuals without polyps (1155) divided by the total number of patients without polyps (209,744) and divided by the mean follow-up period (5.90 y) estimates the annual colorectal cancer risk (r). The 10-year risk for patients without polyps is estimated as 1-  $(1 - r)^{10}$  and equals 0.93%. The 10-year risk of colorectal cancer for each polyp type then is estimated as the 10-year risk for patients without polyps times the OR for the relevant polyp type.

#### Terminology of sessile serrated pathology

sessile serrated adenoma

Torlakovic and Snover, 1996

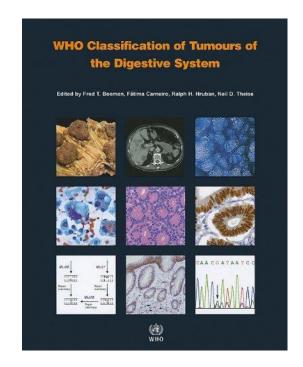
sessile serrated polyp/adenoma

WHO, 2010

sessile serrated polyp

sessile serrated lesion

UK & European colorectal screening guidelines



Quality assurance in pathology in colorectal cancer screening and diagnosis—European recommendations

Phil Quirke • Mauro Risio • René Lambert • Lawrence von Karsa • Michael Vieth

### UK guidance for the pathological reporting of serrated lesions of the colorectum

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#### **ABSTRACT**

Bowel cancer screening programmes have highlighted to endoscopists and clinicians the spectrum of serrated colorectal lesions. One of the most significant developments has been the recognition that sessile serrated lesions (SSLs), while bearing histological resemblance to hyperplastic polyps (HPs), may be associated with the enhanced development of epithelial dysplasia and colorectal adenocarcinoma. Different minimum criteria exist for the diagnosis of SSLs and their differentiation from HPs. Furthermore, the spectrum of terminology used to describe the entire range of serrated lesions is wide. This variability has impaired interobserver agreement during their histopathological assessment. Here, we provide guidance for the histopathological reporting of serrated lesions, including a simplified nomenclature system. Essentially, we recommend use of the following terms: HP, SSL, SSL with dysplasia, traditional serrated adenoma (TSA) and mixed polyp. It is hoped that this standardisation of nomenclature will facilitate studies of the biological significance of serrated lesions in terms of the relative risk of disease progression.

these lesions and the risk of disease progression associated with various histopathological factors.

This review provides guidance relating to a simplified nomenclature and classification system for serrated colorectal lesions.

#### NOMENCLATURE

The nomenclature of serrated lesions is complex, and there are differences of opinion between UK, European and US pathologists regarding the optimal terminology. We propose that serrated lesions should be given one of the following names according to their morphological features: HP, SSL, SSL with dysplasia, traditional serrated adenoma (TSA) and mixed polyp (box 1). The definitions of these lesions are given below.

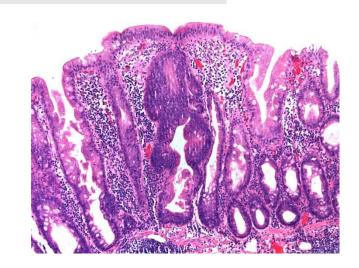
#### Hyperplastic polyp

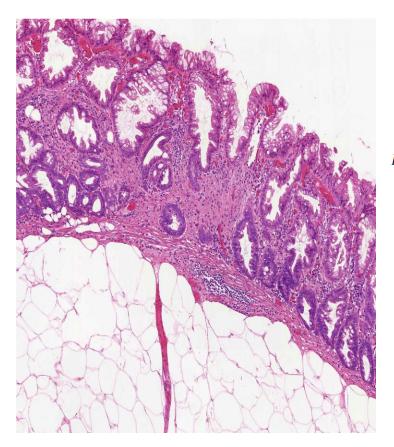
These are small serrated lesions showing no features that would allow categorisation as an SSL and no evidence of dysplasia. We use the term 'dysplasia' in this context to refer to the morphological appearances of epithelial neoplasia within the mucosa of the colon and rectum, for example, the epithelial

### Box 1 Recommended terminology for (non-invasive) serrated lesions of the colon and rectum

- Hyperplastic polyp (HP)
- Sessile serrated lesion (SSL)
- SSL with dysplasia
- Traditional serrated adenoma (TSA)
- Mixed polyp

Approved by BSG Pathology Section, BCSP National Pathology Committee, RCPath, European CRC Screening Pathology Group & BSG Serrated Pathology Working Party





#### Histologic and Molecular Analyses of Colonic Perineurial-like Proliferations in Serrated Polyps: Perineurial-like Stromal Proliferations Are Seen in Sessile Serrated Adenomas

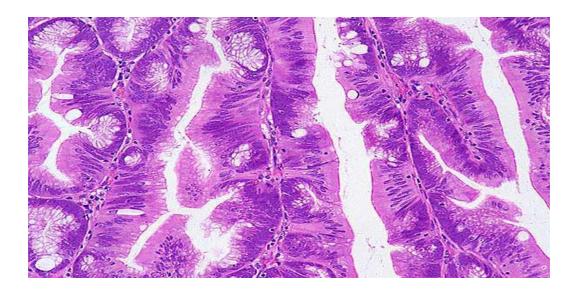
Reetesh K. Pai, MD,\* Amirkaveh Mojtahed, MD,\* Robert V. Rouse, MD,\*
Roy M. Soetikno, MD, MS,† Tonya Kaltenbach, MD, MS,† Lisa Ma, MS,\* Daniel A. Arber, MD,\*
Thomas P. Plesec, MD,‡ John R. Goldblum, MD,‡ and Rish K. Pai, MD, PhD‡

Benign Serrated Colorectal Fibroblastic Polyps/Intramucosal Perineuriomas Are True Mixed Epithelial-stromal Polyps (Hybrid Hyperplastic Polyp/Mucosal Perineurioma) With Frequent BRAF Mutations

Abbas Agaimy, MD,\* Robert Stoehr, PhD,\* Michael Vieth, MD,† and Arndt Hartmann, MD\*

#### **Traditional serrated adenoma**

- usually distal colon/rectum
- up to 2% of all colorectal polyps
- villiform or filiform (tennis racket)
- unequivocal dysplasia
- eosinophilic cytoplasm
- pencillate nuclei
- ectopic crypt formation
- BRAF or KRAS mutation



#### Ectopic crypt formation in traditional serrated adenoma

- disruption of signalling pathways of stem cell control
- expansion of progenitor cell population in ectopic crypt foci/lateral buds
- these lateral bud cells proliferate and gain somatic mutations
- leading to dysplasia arising outside the stem cell niche
- and more rapid malignant transformation

### Aberrant epithelial *GREM1* expression initiates colonic tumorigenesis from cells outside the stem cell niche

Hayley Davis<sup>1,13</sup>, Shazia Irshad<sup>1,13</sup>, Mukesh Bansal<sup>2</sup>, Hannah Rafferty<sup>1</sup>, Tatjana Boitsova<sup>1,3</sup>, Chiara Bardella<sup>4</sup>, Emma Jaeger<sup>4</sup>, Annabelle Lewis<sup>4</sup>, Luke Freeman-Mills<sup>4</sup>, Francesc C Giner<sup>4</sup>, Pedro Rodenas-Cuadrado<sup>1</sup>, Sreelakshmi Mallappa<sup>5</sup>, Susan Clark<sup>5</sup>, Huw Thomas<sup>5</sup>, Rosemary Jeffery<sup>3</sup>, Richard Poulsom<sup>3</sup>, Manuel Rodriguez-Justo<sup>6</sup>, Marco Novelli<sup>6</sup>, Runjan Chetty<sup>7</sup>, Andrew Silver<sup>3</sup>, Owen J Sansom<sup>8</sup>, Florian R Greten<sup>9</sup>, Lai Mun Wang<sup>10</sup>, James E East<sup>11</sup>, Ian Tomlinson<sup>4,12</sup> & Simon J Leedham<sup>1,11</sup>

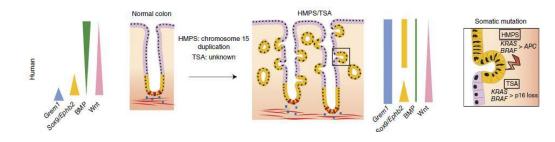
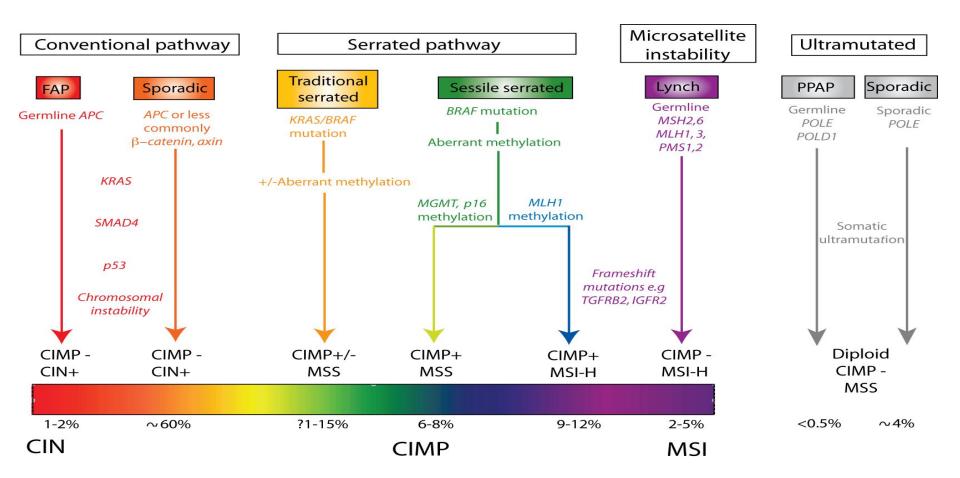


Figure 6 Model summarizing the proposed mechanistic consequences of disrupted *GREM1* morphogen gradients. Aberrant ectopic epithelial expression of *GREM1* disrupts the coupling of cell fate determination to position along the crypt-villus axis and allows persistence and expansion of an *Lgr5*-negative progenitor cell pool (characterized by aberrant SOX9 and EPHB2 expression) that forms orthogonal ectopic crypt foci. Aberrant cell proliferation in this progenitor cell population within these ECFs predisposes toward somatic (epi)mutation events and gives rise to neoplastic transformation (inset boxes). *In vitro*, the persistence of somatically mutated progenitor cells in dissected villi gives rise to clonogenic tumor spheroid growth from cells that have exited the crypt basal stem cell niche. Colored bars represent morphogen and gene expression gradients in the normal and pathological states. Blue squares represent physiological *Grem1* expression from pericryptal myofibroblasts. CBC stem cells are colored red.

#### Colorectal cancer molecular pathogenesis



#### Prevalence of serrated lesions in Western populations

hyperplastic polyp

SSI with duenlacia

sessile serrated lesion

SSE WILLI GYSPIASIA	13/0 01 33L3
traditional serrated adenoma	0.6 - 1.9% of all colorectal polyps
serrated adenocarcinoma	10 - 25% of all colorectal cancers

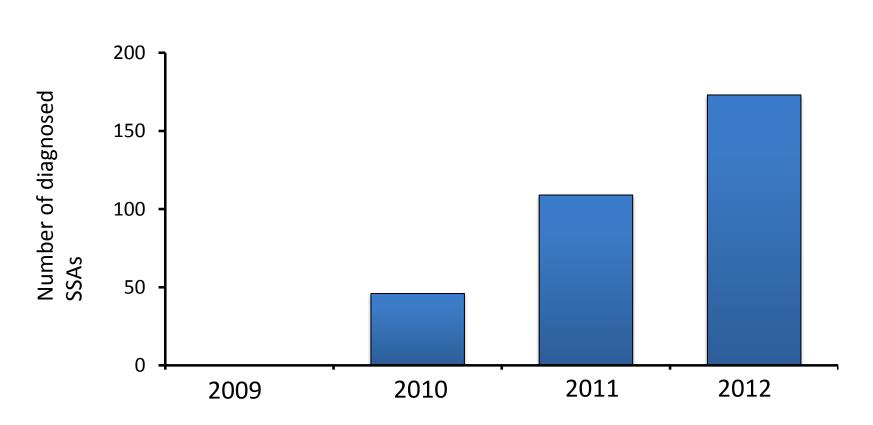
Bettington M et al. Histopathology 2013; 62: 367-86.

25 - 30% of all colorectal polyps

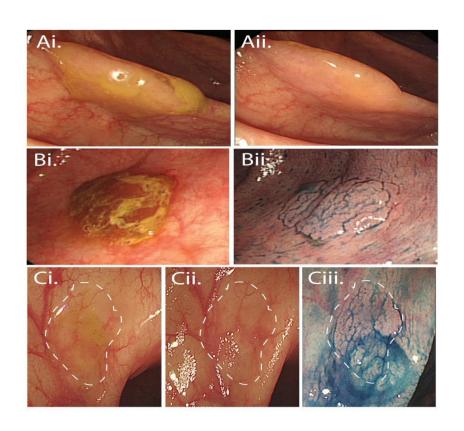
1.7 - 9% of all colorectal polyps

13% of SSI c

## Oxford audit Total number SSLs diagnosed



#### **Endoscopic appearances of SSLs**



- difficult to spot at endoscopy
- predilection for right side where the prep is usually worse
- flat and often draped over a fold
- adherent mucus often the only clue

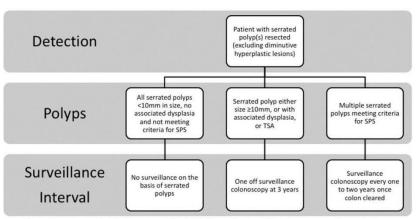
#### Serrated lesions: pathological lesions

- small, mainly left sided, conventional hyperplastic polyp common (30% of polyps in BCSP)
- mainly right-sided 'sessile serrated lesion' easily missed but increasingly recognised
- more advanced right-sided sessile serrated lesion with dysplasia 'SSL with dysplasia'
- traditional serrated adenoma left-sided (2% of adenomas)
- larger left-sided (rare) filiform serrated adenoma (less than 0.1% of adenomas)
- serration associated with stromal lesions, perineuriomas, lipomas, etc.
   Primary, secondary or divergent differentiation?!?
- inflammatory bowel disease, especially ulcerative colitis

# British Society of Gastroenterology position statement on serrated polyps in the colon and rectum

James E East, Wendy S Atkin, Adrian C Bateman, Susan K Clark, Sunil Dolwani, Mara N Ket, Simon J Leedham, Perminder S Phull, Matt D Rutter, Neil A Shepherd, Ian Tomlinson, Rees Neil A Shepherd, Ian Tomlinson, Rees Neil A Shepherd, Neil A Shepherd, Mara D Rutter, Neil A Shepherd, Ian Tomlinson, Neil A Shepherd, Neil A Shepherd,

#### Serrated surveillance flowchart



There is no current data to suggest that risk for patients with adenomas and serrated polyps is cumulative and therefore each polyp group should be considered separately for surveillance. The shortest surveillance interval recommended should take precedence. SPS, Serrated Polyposis Syndrome; TSA, traditional serrated adenoma

Gut 2017; 66: 1181-1196.

# Four big issues in bowel cancer screening pathology (and all very relevant to routine colorectal pathology practice....)

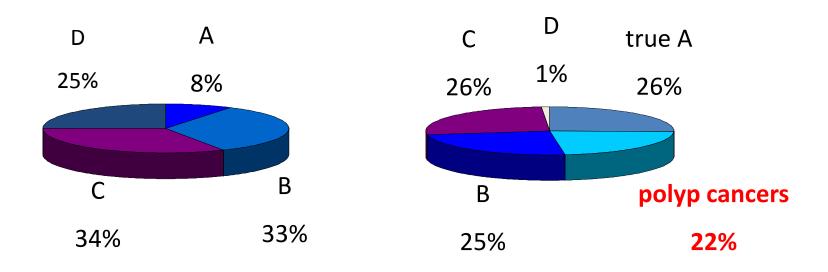
- the diagnosis of colorectal cancer on biopsy
- serrated pathology & what do we do about it expected but not the amount nor the diagnostic difficulties
- polyp cancers (pT1 disease) & what we do about it expected but not the management difficulties
- the large adenomatous polyp of the sigmoid colon expected but not the amount nor the diagnostic difficulties

#### Polyp cancer issues

- is it cancer?
- double reporting recommendation in BCSP since 2012
- the phenomenon of epithelial misplacement/pseudoinvasion in BCS programmes
- other diagnostic issues and mimics
- what do we do about polyp cancer?
   measurement & budding may be king......

#### What colorectal cancer screening is all about....

detecting early stage cancer



Dukes staging for symptomatic CRC versus screen-detected CRC in the English BCSP

#### Management of polyp cancers

Resection No resection



- reduce recurrence risk
  - risk of positive lymph nodes
  - sub stage pT1
  - site rectum > colon
- complications of surgery
  - mortality: surgical team, age, co-morbidity, country
  - morbidity
- quality of life
  - colostomy, anterior resection syndrome

## The adenoma harbouring malignancy: the 'big three' criteria

- is it poorly differentiated?
- does it show vascular invasion?
- does it reach the margin? i.e. within 1 mm (or 2mms?)

## What do we do with the adenoma harbouring malignancy? The big three parameters

we can understand vascular invasion & poor differentiation

what about margin involvement?

many papers have attested (25 versus 5) that this is the most predictive parameter for ADVERSE PROGNOSIS, notwithstanding the lack of logic

Cooper et al, 1995; Geraghty, Williams and Talbot, 1991; Ueno et al, 2004

Table 2. Literature series of treatment indicators for early invasive colorectal cancers. Number of Number of adverse Features for First author Year adverse outcome tumours outcomes Colacchio 1981 24 6 None Lipper 1983 51 2 Margin Haggitt 1985 64 8 Level 1986 38 10 Grade, margin, lymphatic Cranley invasion 1986 44 3 Grade, margin, vascular Vanneste invasion level Grade, margin, stalk inva-Richards 1987 80 10 sion, vascular invasion Coverlizza 1989 31 6 Margin, grade, vascular invasion 1992 Kyzer 44 3 Level Minamoto 1993 40 Grade, level, lymphatic invasion, growth pattern, adenomatous component 21 Kikuchi 1995 182 Level, tumour configuration, location 1995 79 H Tumour budding, growth Hase pattern grade, level, lymphatic invasion 1995 140 16 Margin, grade, vascular Cooper invasion Grade, margin Volk 1995 47 10 Whitlow 1997 59 Level, margin, grade 70 16 Margin, vascular invasion, Netzer 1998 grade 292 Ueno 2004 50 Margin, vascular invasion, grade, tumour budding, depth/width of submucosal invasion



## Histologic Risk Factors and Clinical Outcome in Colorectal Malignant Polyp: A Pooled-Data Analysis

Cesare Hassan, M.D., <sup>1</sup> Angelo Zullo, M.D., <sup>1</sup> Mauro Risio, M.D., <sup>2</sup> Francesco P. Rossini, M.D., <sup>3</sup> Sergio Morini, M.D.

Dis Colon Rectum 2005; 48: 1588-1596

Table 1.
Relationship Between Histologic Risk Factors and Clinical Outcomes

Risk Factor	Residual Disease	Recurrent Disease	Lymph Node Metastasis	Hematogenous Metastasis	Mortality
Margin of resection					
Positive	55/181 (30.4)a	13/77 (16.8) <sup>a</sup>	13/181 (7.2)	30/325 (9.2)a	26/325 (8) <sup>a</sup>
Negative	4/142 (2.8)	4/357 (1.12)	13/142 (9.2)	8/655 (1.2)	9/655 (1.4)
Odds ratio	15	17.9	0.8	8.2	6.2
95% CI	(5.3-42.7)	(5.7-56.7)	(0.3-1.7)	(3.7-18.2)	(2.9-13.5)
Poor differentiation					, ,
Positive	10/56 (17.8%)	_	13/56 (23.2) <sup>a</sup>	11/14 (9.6) <sup>a</sup>	14/96 (14.6) <sup>a</sup>
Negative	29/324 (9%)	_	23/324 (7.1)	40/1,520 (2.6)	27/1,487 (1.8)
Odds ratio	2.2		3.9	3.9	9.2
95% CI	(1-4.8)		(1.9-8.4)	(2-7.9)	(4.7-18.3)
Vascular Invasion	, ,		,	. ,	,
Positive	6/34 (17.6%)	_	12/34 (35.3) <sup>a</sup>	13/250 (5.2)	7/210 (3.3)
Negative	17/111 (15.3%)	_	8/111 (7.2)	38/1,279 (3)	28/1,194 (2.3)
Odds ratio	1.2		7	1.8	1.4
95% CI	(0.4-3.3)		(2.6-19.2)	(0.9-3.4)	(0.6-3.3)

CI = confidence interval.

Data are numbers with percentages in parentheses unless otherwise indicated.

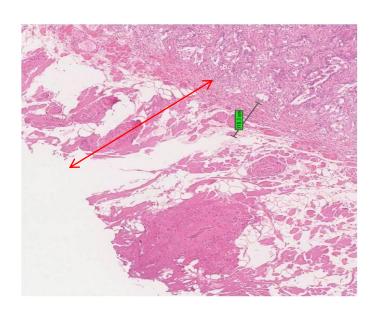
 $^{a}P < 0.05$ .

#### Selecting patients for resection

- a careful balance between risks of metastatic disease & risks of surgery
- happy about poorly differentiated and vascular invasion: difficulty is margin involvement.....
- age and co-morbidity are important
- crucial MDTM/Tumour Board discussion

#### Margin involvement by cancer in malignant polyps

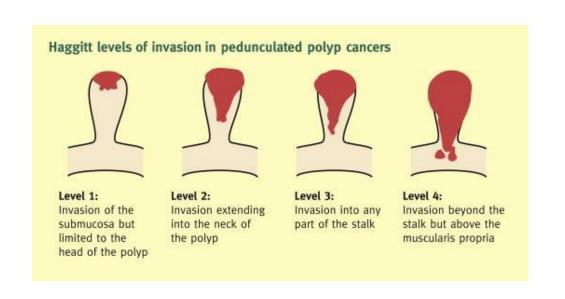
- commonest adverse prognostic parameter
- commonest isolated adverse prognostic parameter
- definition ?!?
- now at margin (we recommend...) and not within 1mm (for polyp cancers)
- margin is external border of diathermy mark
- ignore artefacts and cracks



Loughrey MB, Bateman AC, Shepherd NA, Quirke P. BCSP polyp reporting guidelines, 2018

# Classification of early colorectal cancer in polyps

Haggitt RC et al, 1985





# Issues with pathological assessments

margin involvement	lacks logic: is evidence good enough? definitions
poor differentiation & lymphovascular invasion	less problems but still subjective
Kikuchi	needs muscularis mucosae & propria only for sessile lesions?
Haggitt	sessile v polypoid subjective
differences in polyp type and influence on endoscopic resection	pedunculated, sub-pedunculated & sessile
budding	subjective; definitions

inter-observer variation

measuring: depth, width

# Measuring depth and width of invasion: Japanese methodology

Assessment of depth of invasion (if completely excised)

direct measurement from muscularis mucosae

depth > 2mm

width of invasive front > 4mm

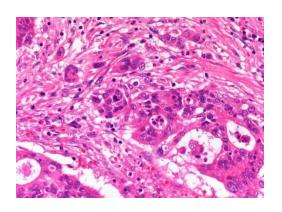
mm 20% nodal +ve (vs 4%)

Ueno et al. Gastroenterology 2004; 127: 385-394.

20% nodal +ve (vs 5%)



# Where are we with tumour budding?



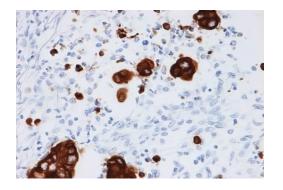
• independent prognostic significance in polyp cancers

**Ueno et al, 2004** 

independent significance in Dukes B/stage II colon cancers

Wang et al, 2009

less powerful in Dukes C/stage III



issues: varying methods of assessment, heterogeneity, reproducibility

now international standardisation on methodology

Lugli et al, 2017

 not currently recommended for routine reporting but one for the future?

# BCSP polyp cancer inter-observer study Leeds, February 2013

- poor levels of agreement with differentiation, lymphatic spread, vascular spread, margin positivity, even Haggitt.....
- good levels of agreement with margin positivity once definitions of margin had been established.
- best levels of agreement with MEASURING depth of spread, width of cancer, distance from margin.
- measuring may be the future.....

# The most useful tool in BCSP?!?





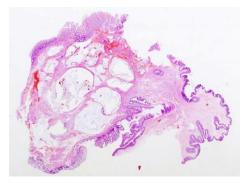
# Four big issues in bowel cancer screening pathology (and all very relevant to routine colorectal pathology practice....)

- the diagnosis of colorectal cancer on biopsy
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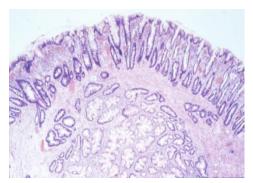
# **Epithelial misplacement (pseudo-invasion)**



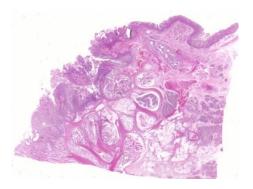
'Normal' colonic mucosa



Inflammatory cloacogenic polyp



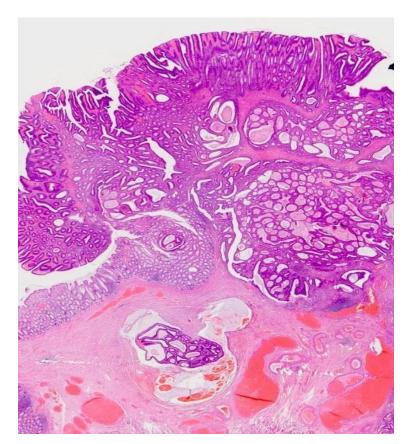
Hyperplastic polyp (& SSL)



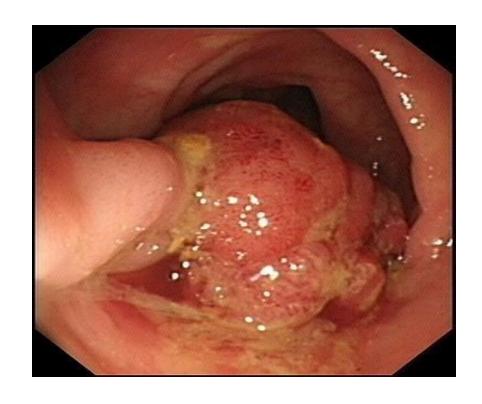
Peutz-Jeghers polyp

# **Epithelial misplacement in adenomas**

- 85% in sigmoid colon
- unusual in rectum (unless there has been previous intervention)
- same epithelium as surface, accompanied by lamina propria, haemosiderin deposition, continuity (in 3D)
- what about misplaced epithelium at the diathermy margin?
- intense pathological mimicry of invasive cancer

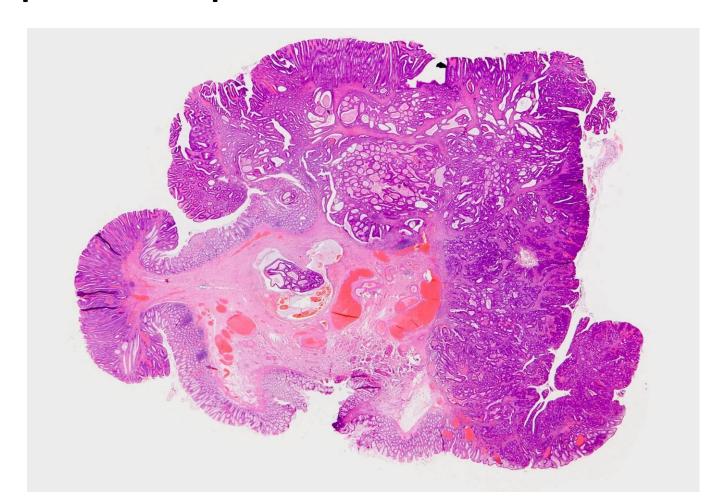


# Why the sigmoid colon?



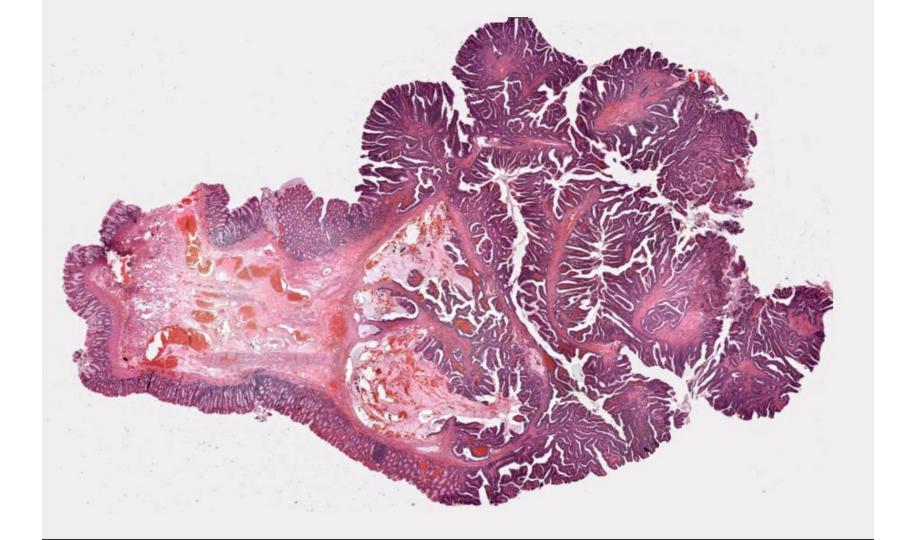


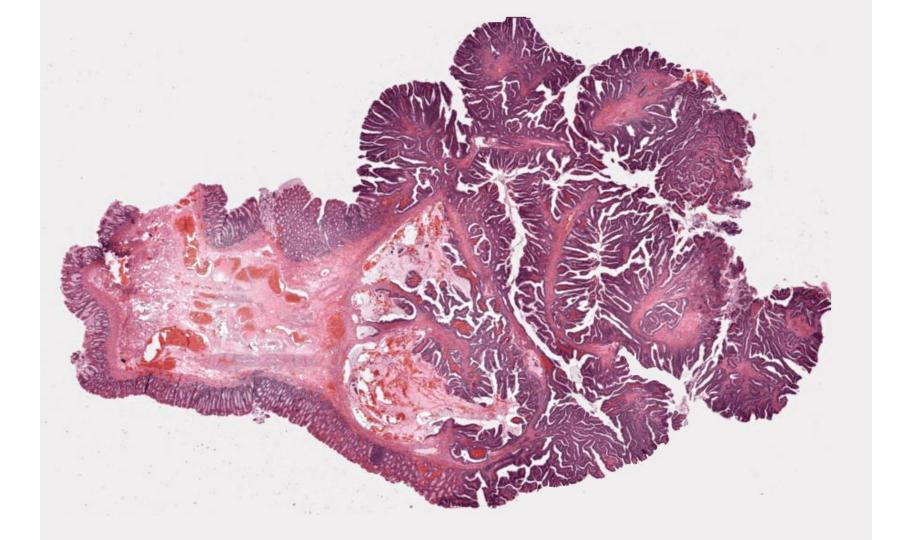
# Epithelial misplacement vs invasive carcinoma



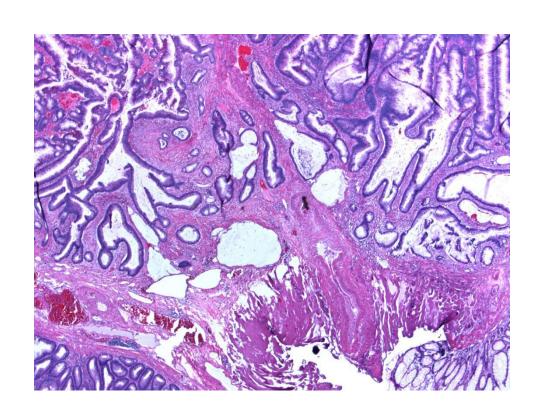
# Epithelial misplacement vs carcinoma: what to look for

- lamina propria accompaniment
- lack of desmoplastic reaction
- haemosiderin deposition
- muscular proliferation as in mucosal prolapse
- acute changes of infarction adjacent
- accompaniment by non-neoplastic epithelium (especially after previous intervention)
- continuity of epithelium (in 3D, at least) between superficial and deep components

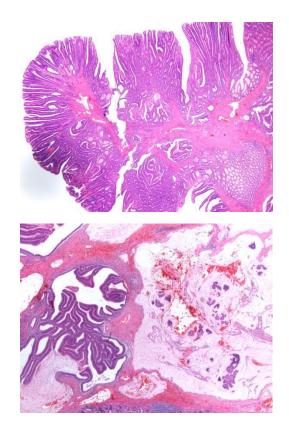


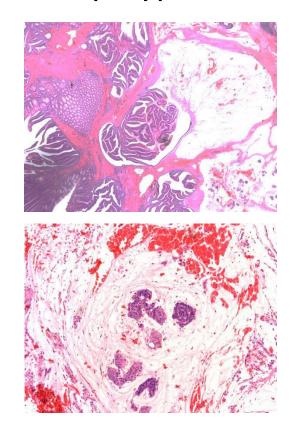


# Do you see epithelial continuity in cancer?

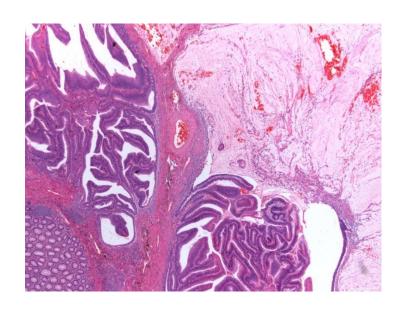


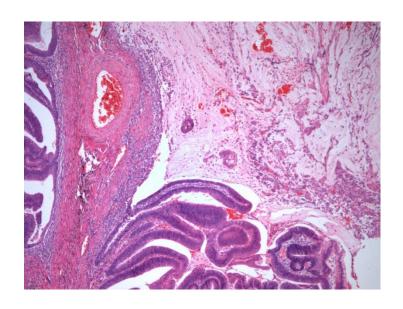
# 64M. 22mm sigmoid colonic polyp.



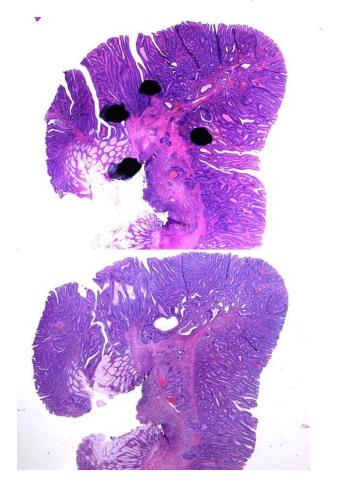


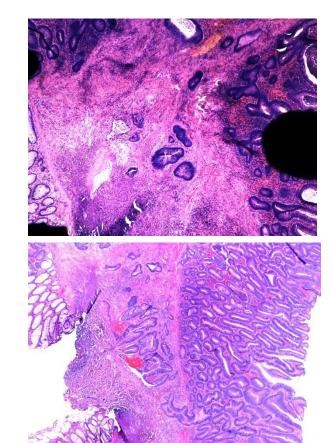
# 64M. 22mm sigmoid colonic polyp.





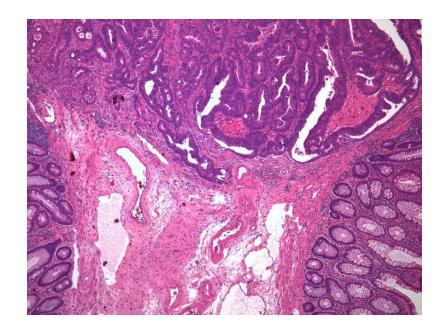
# The importance of deeper levels



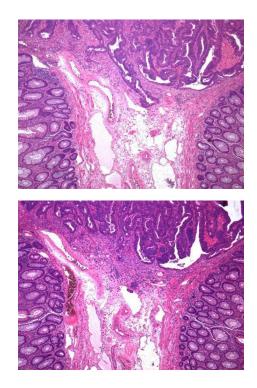


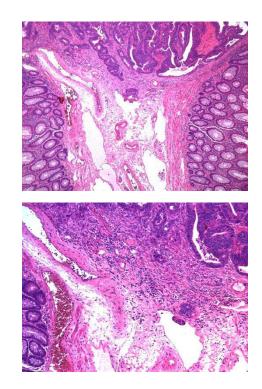
# The importance of deeper levels: 67F. Sigmoid colonic polyp.



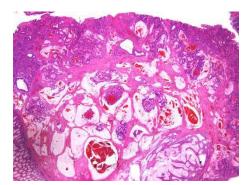


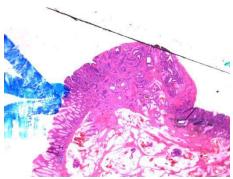
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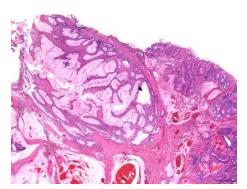


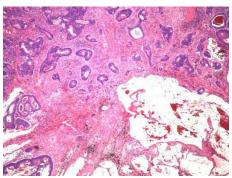


# Accompaniment by non-neoplastic mucosa



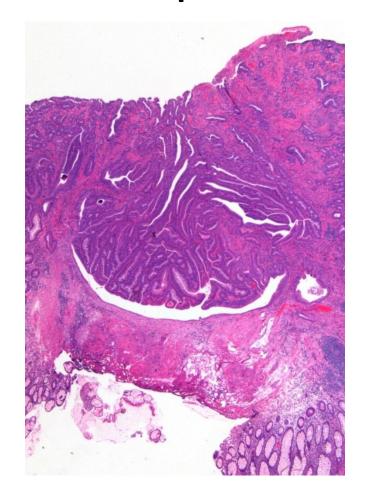


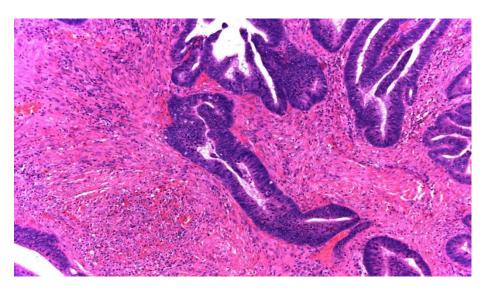




Panarelli NC, Somarathna T, Samowitz WS, Kornacki S, Sanders DSA, Novelli MR, Shepherd NA, Yantiss RY. Am J Surg Pathol 2016; 40: 1075-83.

# Adenomatous epithelial inversion & stromal muscularisation





### Pathological conundra in BCSP

- epithelial misplacement mimicking cancer
- 85% in sigmoid colon
- selected into BSCP as large prolapsing adenomatous polyps that bleed
- can be very difficult and some almost impossible
- require 'Expert Board' and BCSP-funded research
- but some are more straight forward and yet may be miscalled by pathologists....

Table 2. A comparison of the pathological features that may be valuable in differentiating epithelial misplacement from invasive adenocarcinoma

	Epithelial misplacement (EM)	Adenocarcinoma
Epithelial 'differentiation'	Usually similar to that of the surface adenomatous component	Variable and usually different to the surface adenomatous component
Lamina propria accompaniment	Characteristic but may be lacking when there is secondary inflammation and epithelial destruction	Usually absent. Can be present in rare, very well-differentiated carcinoma
Accompaniment by non-adenomatous epithelium	Characteristically seen when EM is due to previous intervention	Absent
Haemosiderin deposition	Characteristic and indicative of previous necrosis and/or haemorrhage	Usually absent
Mucosal prolapse changes	Often present	Usually absent
Mucus cysts	Characteristic. They probably represent epithelial misplacement that has become 'detached' from the more superficial components	Only present, usually, n mucinous tumours
Continuity with surface adenomatous component	Characteristic but often only appreciated in multiple levels and/or 3D reconstruction studies	Usually absent but some cases do show continuity, even in 3D reconstruction studies.
Involvement of muscularis propria (MP)	Usually absent. Can be seen very rarely, especially after previous intervention	Present if at least pT2
Budding	Usually absent but a similar phenomenon san be seen as a result of epithelial destruction and/or inflammation	Often present
Desmoplastic reaction to glands	Usually absent but fibromuscular stromal proliferation can accompany EM	Usually present
Lymphatic and/or vascular invasion	n Absent	Diagnostic of cancer

#### Loughrey & Shepherd, Histopathology ARI, January 2015

# **Adjunctive tests**

If it's so difficult for us morphologists, do we have any reliable adjunctive tests?

- immunohistochemistry
- three dimensional reconstruction
- in-situ molecular analysis

### **Immunohistochemistry**

MMP-1

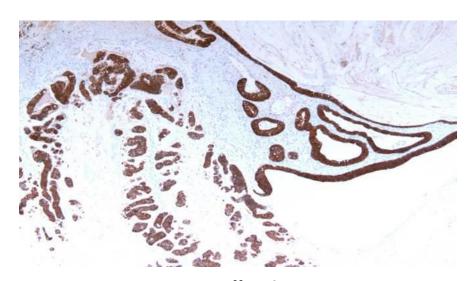
p53

collagen IV

e-cadherin

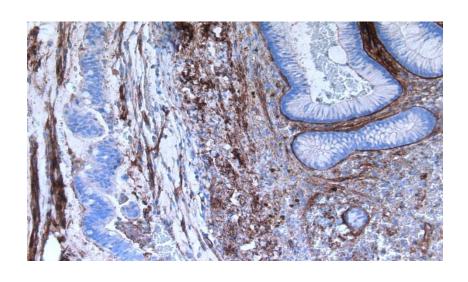
Ki67/MIB1

Yantiss RK, Bosenberg MW, Antonioli DA, Odze RD. Utility of MMP-1, p53, e-cadherin and collagen IV immunohistochemical stains in the differential diagnosis of adenomas with misplaced epithelium versus adenomas with invasive adenocarcinoma. Am J Surg Pathol 2002; 26: 206-215.



e-cadherin

# **Immunohistochemistry**

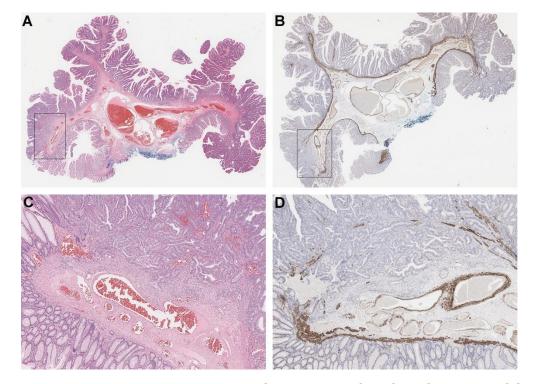


- works well in classic cases of pseudoinvasion and cancer
- not so good in marginal cases

collagen IV

Yantiss RK, Bosenberg MW, Antonioli DA, Odze RD. Am J Surg Pathol 2002; 26: 206-215.

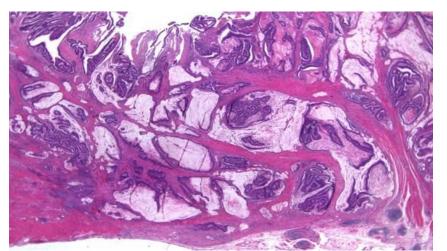
# Immunohistochemistry: desmin and other SM markers are useful to demonstrate submucosal involvement

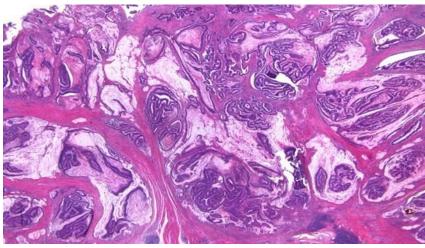


Loughrey MB, Shepherd NA. Problematic colorectal polyps:

is it cancer and what do I need to do about it? Surgical Pathology Clinics (ed Yantiss RK) 2017; 10: 947-960.

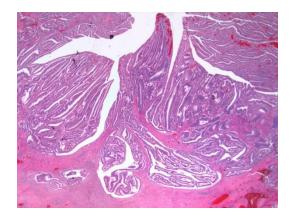
#### Adenoma-like adenocarcinoma

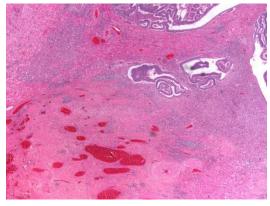


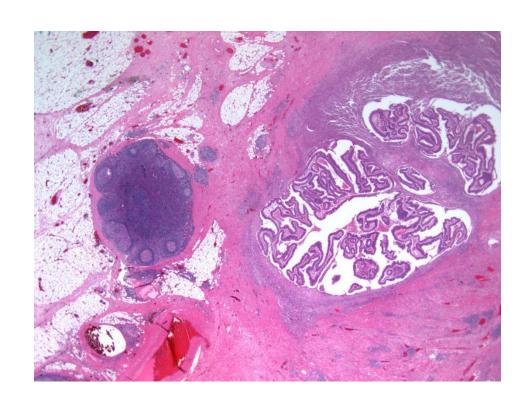


Gonzalez RS, Cates JMM, Washington MK, Beauchamp RD, Coffey RJ, Shi C.
Adenoma-like adenocarcinoma: a subtype of colorectal carcinoma with
good prognosis, deceptive appearance and frequent KRAS mutation.
Histopathology 2016; 68: 183-190.

# 57M. Caecal polyp.







# **Epithelial misplacement/cancer and difficult BCSP polyps**

- the most extraordinary diagnostic conundrum I have seen (or, perhaps, recognised!) in my professional career
- low levels of inter-observer agreement amongst 'general' pathologists
- not perfect inter-observer agreement amongst 'experts'
- surely matched only by melanocytic lesions of the skin......

### **BCSP Expert Board**

- three pathologists you need a majority for this highly subjective and difficult assessment
- N A Shepherd, A C Bateman & M R Novelli
- funded (IT, postage, secretarial support) in England by BCSP
- opportunity for education and research into difficult EM v Ca cases

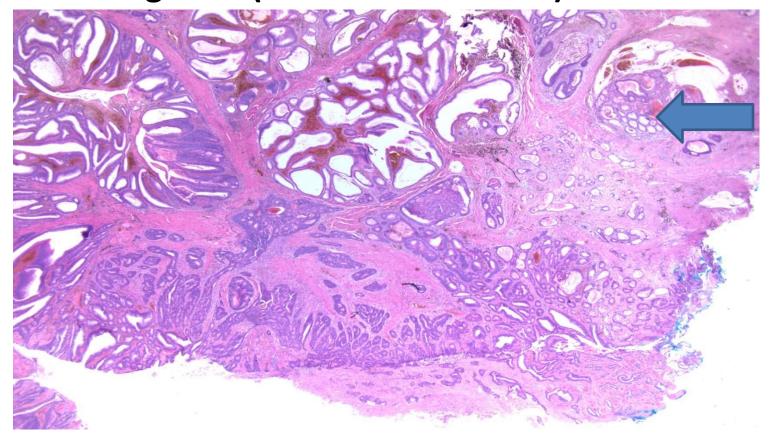


# **Expert Board assessments**

#### 2009-16

- 249 cases: 20 cases in 2009; 72 in 2016
- EB three-way agreement of 80.3%: kappa score of 0.67 (substantial agreement)
- originating pathologist(s) v EB:
   benign diagnosis 30.6% v 80.2% (originator(s) v EB)
   diagnosis changed from originating pathologist(s) to EB in 50%
   mainly malignant to benign
- double diagnosis (ie EM and carcinoma) in 3% of cases

Expert Board: double diagnosis (ie EM & carcinoma) in 3% of cases



### The UK 'Expert Board'

Griggs RKS, Novelli MR, Sanders DSA, Warren BF, Williams GT, Quirke P, Shepherd NA.

Challenging diagnostic issues in adenomatous polyps with epithelial misplacement in bowel cancer screening: five years' experience of the BCSP Expert Board.

Histopathology 2017; 70: 466-472.

# Epithelial misplacement in sigmoid colonic polyps: a major conundrum in BCSP

- epithelial misplacement mimicking cancer: 85% in sigmoid colon
- selected into BSCP as these are large prolapsing adenomatous polyps that bleed detected by FOB and FIT screening
- can be very difficult and some almost impossible, a phenomenon not really seen before in UK GI pathology

Shepherd NA, Griggs RKS. Epithelial misplacement in sigmoid colonic adenomatous polyps: bowel cancer screening-generated diagnostic conundrum of the century. Modern Pathology 2015; 28: S88-94.

- require 'Expert Board' and BCSP-funded research
- a major source of diagnostic error, especially detected through rigid QA procedures will it be as prevalent or as problematic in FIT screening?
- has been seen in other screening programmes but seemingly preferentially in population screening programmes:
   Scotland, Wales, Northern Ireland, Republic of Ireland, Canada, France, Netherlands, Slovenia some are establishing similar diagnostic boards for this extraordinary problem

# Setting bowel cancer screening pathology standards



Reporting Lesions in the NHS Bowel Cancer Screening Programme

Guidelines from the Bowel Cancer Screening Programme Pathology Group







The Royal College of Pathologists

Quality assurance in pathology in colorectal cancer screening and diagnosis—European recommendations

Phil Quirke • Mauro Risio • René Lambert • Lawrence von Karsa • Michael Vieth

# CRC screening as a driver for enhanced overall colorectal pathology service quality

- adenoma pathology: classification and grading of dysplasia; villosity
- serrated pathology: sensible reclassification
- use of performance indicators and quality measures to drive up colorectal cancer reporting quality, especially through BCS QA







Aged 60 - 69? Do your FREE NHS bowel cancer screening test.

It's a lifesaver.

To find out more, call the FREE NHS Helpline on 0800 707 6060 or visit www.leedssouthandeastccg.nhs.uk/bowefcancer mproving the eigh of our

### Take home messages

- bowel cancer screening and its QA continues to improve the overall quality of colorectal pathology
- we really must make ourselves more useful for surveillance by ensuring good agreement levels with high grade dysplasia and villosity, in particular
- our knowledge of serrated pathology is increasing exponentially but we still have a lot to learn
- we have real management problems with polyp cancers: measurement +/- budding may be the answer in the future....
- epithelial misplacement v cancer the diagnostic conundrum of the century (in the UK at least...)
- bowel cancer screening, with its quality induced by comprehensive quality assurance, quite massive numbers and comprehensive datasets, will ultimately give us the answers to many of these vexatious questions......

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